

RELEASE: NAVY Swimming Camp announces a new series of clinics for 2019.

NEW: The Three Star Clinics at the United States Naval Academy. Beginning in June 2019, the Navy Swimming Camp will present a new series of events titled "Three Star Clinics." Swimmers may attend one, two or all three daily clinics.

NAVY Swimming Camp in collaboration with Coach David Upman presents: Breakthrough Swimming Clinic

Wednesday June 12th OR Tuesday June 18th, 2019, 08:15-11:45am

For Boys & Girls ages 12 and older

NAVY Swimming Camp in collaboration with Breakout! Swim Clinic presents: A session with Olympian Misty Hyman

Thursday June 13th, 2019, 08:15-11:45am

For Boys & Girls ages 12 and older

NAVY Swimming Camp in collaboration with Breakout! Swim Clinic presents: A session with Olympian Kristy Kowal

Wednesday June 19th, 2019, 08:15-11:45am

For Boys & Girls ages 12 and older

NAVY Swimming Camp in collaboration with Performance Leadership presents: Pursuing Your Full Potential

Friday June 14th OR Thursday June 20th, 2019, 08:15-11:45am

For Girls ages 12 and older

As a bonus, each clinic will include a special session with Coach Sean Emery and his team from Old City Crossfit. In 2018, Coach Emery along with Coach Katie Rutterer brought an amazing and unique out of water training experience to the Navy Swimming Camp. Your swimmer will be challenged in a positive, encouraging and unique way. Their program will progress throughout each of the three days of Three Star Clinics at Navy. In other words, each day is going to be different and is included in the price of the clinic.

Cost: \$150.00 per clinic. If already registered for a Navy Swimming Camp session in 2019, \$100.00