

Summer 2022 Menu Cycle - Week 3

SUNDAY – 6/11	MONDAY – 6/12	TUESDAY – 6/13	WEDNESDAY – 6/14	THURSDAY – 6/15	FRIDAY – 6/16	SATURDAY – 6/17
Jimmy Dean Breakfast Sandwich Scrambled Eggs Hashbrowns	Cheesy scrambled eggs Bacon Waffles Syrup	Scrambled eggs Jimmy Dean breakfast sandwich Tater tots	Cheese omelet Turkey sausage links Pancakes Fresh berries Syrup	Scrambled eggs TFB- sausage & cheese croissant TFB- spinach & feta croissant	Scrambled eggs Breakfast potatoes Flapsticks Syrup	Breakfast sandwich Tater tots Bacon Scrambled eggs
Breaded Chicken Chunks Dipping Sauces Steak Fries Veg DuJour Soup DuJour Veg chicken patty	<u>Chicken Caesar salad wrap:</u> <u>Chicken tenders</u> <u>Romaine (chopped)</u> <u>Caesar dressing</u> <u>12" flour tortillas</u> <u>Shredded parmesan</u> <u>Pasta salad</u> <u>Vegetable du jour</u> <u>Soup du jour</u> <u>Grilled tofu wrap</u>	Beef taco Chicken fajitas 10" tortillas Black beans & rice Vegetable du jour Taco kit Sour cream Salsa Guacamole cups Soup du jour Black bean tacos (TYT)	Pubhouse burger (18) Kaiser roll LTO kit Sliced cheese Cheddar munchers (6 oz) Vegetables <u>Beyond burger (6)</u>	Buffalo chicken Potato roll Buffalo sauce pc's Bleu cheese crumbles LTO kits Cheddar munchers Vegetable du jour Soup du jour Buffalo chickpea burg	Chicken shawarma Beer battered cod Rice pilaf Tartar sauce Vegetable du jour Gyro kit/Pita bread Tzatziki Soup du jour Mediterranean chickpea bowl (TYT)	Deli turkey Bacon Oat top Kaiser roll LTO Sliced cheese Pasta salad Baby carrots <u>Black bean burger</u>
Chili mac* Rotisserie chicken* BBQ sauce pc's Corn muffin Vegetable du jour Soup du jour Vegetarian chili maceach) Parmesan cheese <u>Vegan meatballs (5)</u>	<u>Stuffed chicken parmesan*</u> <u>Spinach ravioli with marinara*</u> <u>Garlic breadstick</u> <u>Vegetable du jour</u> <u>Soup du jour</u> <u>chicken</u> (6 oz)	Jerk roasted chicken Steamed rice Vegetables <u>Jerk veg chicken</u>	Fire braised chicken thighs Salmon rice bowl: Sesame salmon* Jasmine rice Vegetable du jour Avocado halves Sriracha Soup du jour Vegan crab cakes <u>Creamy pasta w/ peas</u> (no bacon) (CDP) (8 oz)	Teriyaki beef Sweet and sour chicken* Steamed rice Vegetable egg roll Hawaiian rolls Vegetable du jour Soup du jour Teriyaki tofu stir-fry <u>Grilled tofu (6 oz)</u>	<u>Beef bulgogi</u> <u>Gochujang chicken*</u> <u>Steamed rice</u> <u>Vegetable du jour</u> <u>Soup du jour</u> <u>Gochujang veg</u> <u>chicken</u>	Chicken Cordon Bleu Red Roasted Rosemary Potatoes Veg DuJour Su DuJour Salad

Summer 2023 Menu Cycle - Week 1

SUNDAY – 6/18	MONDAY – 6/19	TUESDAY – 6/20	WEDNESDAY – 6/21	THURSDAY – 6/22	FRIDAY – 6/23	SATURDAY – 6/24
Scrambled Eggs with Cheese Bacon, Breakfast Potatoes	Cheesy scrambled eggs Bacon Cinnamon French toast Syrup	Cinnamon French toast (2 slices) Turkey sausage patties (2) Scrambled eggs (5 oz) Syrup	Breakfast chicken (2) Waffles(2) Scrambled eggs (5 oz) Syrup	Italian frittata (MER) Turkey sausage links Breakfast potatoes	Scrambled eggs TFB- sausage & cheese croissant TFB- spinach & feta croissant Tater tots	Breakfast sandwich Tater tots Bacon
<u>Breaded Chicken Chunks</u> <u>Steak Cut Fries</u> <u>Dipping Sauces</u> <u>Salad</u> <u>Veg DuJour</u> <u>Soup DuJour</u>	Steak tornadoes Chicken fajitas Tortillas 8” Fiesta rice Refried beans Vegetable du jour Taco kit Sour cream Salsa Guacamole cups Soup du jour	<i>MYO deli sandwich</i> <i>Deli turkey</i> <i>Provolone</i> <i>Pretzel roll</i> <i>LTO kit</i> <i>Baked chips</i> <i>Vegetable du jour</i> <i>Soup du jour</i> <i>Caprese ciabatta</i>	<u>Pubhouse burger</u> <u>Turkey burger</u> <u>Bacon rounds</u> <u>Kaiser roll</u> <u>LTO kit/Sliced cheese</u> <u>Onion rings</u> <u>Vegetable du jour</u> <u>Soup du jour</u> <u>Beyond burger</u>	Buffalo chicken Potato roll Buffalo sauce pc’s Bleu cheese crumbles LTO kits Seasoned fries Vegetable du jour Soup du jour Buffalo chickpea burger	<u>Cilantro lime chicken</u> <u>Honey glazed salmon</u> <u>Red beans & rice</u> <u>Vegetable du jour</u> <u>Soup du jour</u> <u>Veggie fish</u>	Philly cheesesteak Sliced Provolone Italian sub roll Potato wedges Vegetables <u>Veg cheesesteak</u>
Tortilla crusted tilapia Cha cha bowl: Jerk chicken strips* Black beans and rice Mango salsa Vegetable du jour Soup du jour Veg fajita chicken strips	Beef burnt ends <u>Buffalo chicken mac and cheese bowl:</u> <u>Buffalo chicken chunks*</u> <u>Macaroni and cheese</u> <u>Vegetable du jour</u> <u>Soup du jour</u> <u>Veg buffalo chicken mac and cheese</u>	Chicken marsala* <u>Italian sausage</u> <u>Tortellini alla rosa (CDP)</u> <u>Italian sub roll</u> <u>Vegetable du jour</u> <u>Parmesan cheese</u> <u>Soup du jour</u> <u>Veg chicken alfredo</u>	Thai chili chicken wings* Coconut shrimp Roasted red potatoes Vegetable du jour Soup du jour Meatless wings with Thai chili sauce	<u>Butter chicken*</u> <u>Beef vindaloo</u> <u>Basmati rice</u> <u>Naan bread</u> <u>Vegetable du jour</u> <u>Soup du jour</u> <u>Buddha bowl (TYT)</u>	<u>Spaghetti & Meatballs</u> <u>Garlic Bread</u> <u>Salad</u> <u>Veg DuJour</u> <u>Soup</u> <u>Dujour</u>	Homestyle chicken (2 pieces) Rice pilaf Vegetables Dinner roll Black bean burger